



Kotta Ibolya

Date of birth: 01/07/1981 | **Nationality:** Hungarian | **Gender:** Female |

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128 December 21, 1989 Boulevard, Cluj-Napoca, 400604, Cluj-Napoca, Romania

SCIENTIFIC IDS

ORCHID ID

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<https://www.webofscience.com/wos/author/record/AAL-1824-2021>

Scopus ID

<https://www.scopus.com/authid/detail.uri?authorId=55178200300>

Google Scholar ID:

<https://scholar.google.hu/citations?user=eK8DTogAAAAJ&hl=hu>

MTA Akadémiai Adattár

<https://aat.mta.hu/aat/Person/Details/25004>

WORK EXPERIENCE

CURRENT – Cluj-Napoca

EDUCATIONAL COUNSELLOR, COGNITIVE-BEHAVIORAL PSYCHOTHERAPIST, CLINICAL PSYCHOLOGIST – PRIVATE PRACTICE

2011 – CURRENT – Cluj-Napoca

ASSISTANT PROFESSOR – DEPARTMENT OF APPLIED PSYCHOLOGY, BABEȘ-BOLYAI UNIVERSITY

University courses, seminars, laboratory activities
Scientific research
Administrative activity

2009 – 2011 – Cluj-Napoca

ASSIGNED ASSISTANT PROFESSOR – DEPARTMENT OF APPLIED PSYCHOLOGY, BABEȘ-BOLYAI UNIVERSITY

University courses, seminars, laboratory activities
Scientific research
Administrative activity

2004 – 2009 – Cluj-Napoca

ASSIGNED TEACHING ASSISTANT – DEPARTMENT OF APPLIED PSYCHOLOGY, BABEȘ-BOLYAI UNIVERSITY

Seminars, laboratory activities
Scientific research
Administrative activity

2000 – 2004

POLLSTER/INTERVIEWER – DESIREE FOUNDATION/ METROMEDIA

Occasional pollster

2002

CENSUS TAKER – NATIONAL CENSUS 2002 ROMANIA

● **EDUCATION AND TRAINING**

2014 – 2016

MASTER'S DEGREE. DOMAIN/ FIELD OF STUDY: PSYCHOLOGY – Babes-Bolyai University

2010

PHD. DOMAIN: PSYCHOLOGY – Babes-Bolyai University

2005 – 2008

PHD STUDENT. DOMAIN/ FIELD OF STUDY: PSYCHOLOGY – Babes-Bolyai University

2004 – 2005

MASTER'S DEGREE. DOMAIN/FIELD OF STUDY: PSYCHOLOGY – Babes-Bolyai University

1999 – 2003

BACHELOR'S DEGREE. DOMAIN/ FIELD OF STUDY: PSYCHOLOGY – Babes-Bolyai University

● **PROFESSIONAL COURSES**

2022 – CURRENT

Training in SCHEMA THERAPY – for children and adolescents ST-CA

Romanian Institute of Schema Therapy (IRST)

10/2013 – 01/2014

Training World Game - Sandplay therapy

Organized by: Hungarian Association of Individual Psychology and Polcz Alaine Foundation
Trainer: dr .Oláh Ibolya

2011

Certification in Video Interaction Guidance, VIG and VHT,

Course organized/held by Hungarian Association of Video Interaction Guidance
Trainer: dr Sallai Eva, University of Eger

2009

Gordon Communication Training: basic course

Trainer: Tölgyesi Klára, University of Debrecen

2007

Training course: Analysis of Coping Style and the Treatment of Behaviour Disorders, Babes-Bolyai University

Trainer: dr Vargha Jenő-László

2007

Training course: Active learning methods

Course organized by Gradinita Bethania.
Trainer: Ulla Salomaki, European Bridges Consulting, Finland

2006

Parent-child interaction as a risk factor in child development. FRIDCO, Bucharest

Trainer: Kari Killen, Nova Institute, Oslo

2003

Training for volunteers working with abused women and children

Course organized by Artemis Association, Cluj-Napoca

● **VOLUNTEERING**

2004 – 2005

Volunteer at Artemis – Women for Women Against Violence

Cluj-Napoca

● **DIDACTIC EXPERIENCE**

2004 – CURRENT

Course teacher

Clinical Psychology and Psychotherapies (BA)
Ethics and academic integrity (BA, MA)
Experimental Psychology and Data Analyses (BA)
Research Methodology (MA, BA)
School Psychology (BA)
School Counselling (BA)
Educational Counselling (BA)

● **CERTIFICATION**

2019 – CURRENT

Clinical Psychologist CPR certification

Certified Clinical Psychologist (supervised)

2019 – CURRENT

Cognitive-behavioral Psychotherapist CPR certification

Certified Cognitive-Behavioral Psychotherapist (supervised)

2011 – CURRENT

Educational Psychologist CPR certification

Certified Educational Psychologist (Autonomous)

2011 – CURRENT

Video Interaction Guidance certificate

School VIG, Video Home Training

● NETWORKS AND MEMBERSHIPS

2022 – CURRENT

Membership: Comitetul Filialei Cluj - Colegiul Psihologilor din Romania (Branch Committee College of Psychologists from Romania)

2022 – CURRENT

Membership: Conventia Nationala - Colegiul Psihologilor din Romania (National Convention - College of Psychologists from Romania))

2022 – CURRENT

Membership: Asociatia Psihologilor din Romania APR (Association of Psychologists from Romania)

2020 – CURRENT

Honorary member: Magyar Videotrénings Egyesület (Hungarian Association of Video Interaction Guidance)

2012 – CURRENT

External member of the corporation of doctors of Magyar Tudományos Akadémia (Hungarian Academy of Sciences)

2011 – CURRENT

Membership Colegiul Psihologilor din Romania (College of Romanian Psychologists)

Romania

● EDITORIAL BOARD MEMBERSHIP

2019 – CURRENT

Editorial Board member: Acta Didactica Napocensia

<https://adn.teaching.ro/>

● AWARDS

2011

"Florian Stefanescu Goanga" Award

Babes-Bolyai University, Faculty of Psychology and Educational Sciences

● SCIENTIFIC/RESEARCH GRANTS, SCHOLARSHIPS

2022 – CURRENT

Director: Grant de sustinere a competitivitatii

National Grant/ Babes-Bolyai University, Programe de sustinere a cercetarii-competitivitatii-excelentei
Nr contract: AGC 32719//08.06.2022

2022 – CURRENT

Director: Grant de sustinere a competitivitatii

National Grant/ Babes-Bolyai University, Programe de sustinere a cercetarii-competitivitatii-excelentei
Nr contract: AGC 32718//08.06.2022

2022 – 2023

Director: Grant de sustinere a competitivitatii (Competitiveness Support Grant)

National Grant/ Babes-Bolyai University, Programe de sustinere a cercetarii-competitivitatii-excelentei
Nr contract: AGC 30170//08.06.2022

2021 – 2022

Director of grant: Balassi Bálint-ösztöndíjprogram Klebelsberg Kuno tehetséggondozó ösztöndíjas vezetőtanár

Interregional Grant/ Külgazdasági és Külügyminisztérium (Ministry of Foreign Affairs and Trade) Hungary

2013 – 2017

Membership: MASCIL

International Grant/ European Commission II, Framework Program 7, FP 7 People Capacities

2013 – 2016

Membership: Enabling and Including Young People with Complex and Intense Support Need

International Grant/ Leonardo da Vinci

2010 – 2014

Membership: PRIMAS - Promoting inquiry in Mathematics and science education across Europe

International Grant/ European Commission II, Framework Program 7, FP 7 People Capacities

2008

Director: Érzelmi zavarok korai felismerésének módszerei kisiskolás gyerekeknél és ezek iskolai - kognitív és társas- alkalmazkodással való kapcsolatainak elemzése

Interregional Grant/ DOMUS, Magyar Tudományos Akadémia MTA (Hungarian Academy of Sciences)

2007 – 2009

Director: Metode de depistare precoce a tulburarilor emotional la copii prescolari si de scoala primara si analiza relatiei acestora cu adaptarea cognitiva, sociala si scolara

National Grant/ CNCSIS, TD

2007 – 2009

Membership: Facilitarea educatiei incluzive prin validarea programului de edezvoltare cognitiva si comportamentala a elevilor cu CES

National Grant/ CNCSIS, tip A

2007 – 2009

Membership: Evaluarea maturitatii scolare prin probe de diagnostic formativ

National Grant/ CNCSIS, tip A

● LIST OF PUBLICATIONS AND SCIENTIFIC MANIFESTATIONS

Articles published in WoS journals

Marschalko, E. E., Szabo, K., **Kotta, I.**, & Kalcza-Janosi, K. (2022). The Role of Positive and Negative Information Processing in COVID-19 Vaccine Uptake in Women of Generation X, Y, and Z: The Power of Good is Stronger Than Bad in Youngsters? *Frontiers in Psychology*, 13. <https://doi.org/10.3389/fpsyg.2022.925675> All authors have contributed equally

Lindner, C., **Kotta, I.**, Marschalko, E. E., Szabo, K., Kalcza-Janosi, K., & Retelsdorf, J. (2022). Increased Risk Perception, Distress Intolerance and Health Anxiety in Stricter Lockdowns: Self-Control as a Key Protective Factor in Early Response to the COVID-19 Pandemic. *International Journal of Environmental Research and Public Health*, 19(9), 5098. <https://doi.org/10.3390/ijerph19095098>

Kotta, I., Kalcza-Janosi, K., Marschalko, E.-E., Bandi, S., & Bibok, B. (2022). Online Sexual Activity Scale (OSAS): Going Beyond the Nosological Polemics of Compulsivity vs Addiction. *International Journal of Mental Health and Addiction*. <https://doi.org/10.1007/s11469-022-00791-4> All authors have contributed equally

Kotta, I., Kalcza-Janosi, K., Szabo, K., & Marschalko, E. E. (2021). Development and Validation of the Multidimensional COVID-19 Vaccine Hesitancy Scale. *Human Vaccines & Immunotherapeutics*, 18(1), 1–10. <https://doi.org/10.1080/21645515.2021.2007708> All authors have contributed equally

Marschalko, E. E., **Kotta, I.**, Kalcza-Janosi, K., Szabo, K., & Jancso-Farcas, S. (2021). Psychological Predictors of COVID-19 Prevention Behavior in Hungarian Women Across Different Generations. *Frontiers in Psychology*, 12. <https://doi.org/10.3389/fpsyg.2021.596543> All authors have contributed equally

Kotta, I., & Szamosközi, Ş. (2012). Affective reactions to images in anxious children. *Journal of Cognitive and Behavioral Psychotherapies*, 12(1), 49–62.

Articles published in indexed journals (ERIH PLUS or SCOPUS)

Hetenyi, T. & **Kotta, I.** (2022). 12 Steps and abstinence: How do I stay Sober? *STUDIA UBB PSYCHOL.-PAED.*, LXVII, 1, 2022, p. 5 - 23. DOI:10.24193/subbpsyed.2022.1.01

Kalcza-Janosi, K., Marschalko, E. E., **Kotta, I.**, & Bibok, B. (2022). The Sexual Function Questionnaire: Validation and Gender-Neutral Adaptation to Hungarian (SFQ18_HU). *International Journal of Advanced Studies in Sexology*, 4(2). <https://doi.org/10.46388/ijass.2022.4.15> All authors have contributed equally

Keresztes, M. G. & **Kotta, I.** (2021). From perceiving the risk of climate change to pro-environmental behavior. *Acta Didactica Napocensia*, 14(2), 126-142, <https://doi.org/10.24193/adn.14.2.10>

Kotta, I., Szabo, K., Marschalkó, E. E., Jancso-Farcas, S., & Kalcza-Janosi, K. (2021). The Moderation Effect of Generation on the Relationship between Psychological Flexibility and COVID-19 Preventive Behaviour among Females. *Journal of International Women's Studies*, 22(3), 176-187. Available at: <https://vc.bridgew.edu/jiws/vol22/iss3/17>

Kalcza-Janosi, K., Jancso-Farcas, S., Szabo, K., **Kotta, I.**; & Marschalkó, E. E. (2021). The Development and Validation of COVID-19 Prevention Behaviour Scale on Female Hungarian Population. *Journal of International Women's Studies*, 22(3), 188-197. Available at: <https://vc.bridgew.edu/jiws/vol22/iss3/18>

Articles published in other indexed journals

Marschalko, E. , Kalcza-Janosi, K. , **Kotta, I.** , Bibok, B. (2021). 'Translation, Cultural Adaptation and Validation of the Hungarian Version of Self-Determination Scale'. *World Academy of Science, Engineering and Technology, Open Science Index* 177, *International Journal of Psychological and Behavioral Sciences*, 15(9), 818 - 821. e-ISSN: 2163-1956 All authors have contributed equally

Kotta, I., Veres, A., Farcas, S., Kiss, S., & Bernath-Vincze, A. (2021). My Fate Is My Decision: The Differential Effects of Fate and Criticality of Decision Beliefs on Career Decision Making Self-Efficacy. *European Journal of Behavioral Sciences*, 4(2), 26–34. <https://doi.org/10.33422/ejbs.v4i2.597>

Veres, A., & **Kotta, I.** (2021). Perceived Career Barriers as a Mediator Between Career Adaptability and Life Satisfaction. *European Journal of Behavioral Sciences*, 4(1), 38–52. <https://doi.org/10.33422/ejbs.v4i1.603>

Szabo, K. & **Kotta, I.** (2013). The Predictive Value of Social Intelligence for Cooperative Behavior in a Task-oriented Interaction Paradigm: a Pilot Study. *Transylvanian Journal of Psychology*, 14 (2).

Molnar, L., Andras, Sz., **Kotta, I.**, & Szekely, I. (2013). New Approaches Analyzing Usage of the Telecommunication Services. *Acta Universitatis Sapientiae Electrical and Mechanical Engineering*, 5 (2013) 21–43

Kotta, I. (2011). Interpretation Biases in Anxiety for Social and Performance Scenarios. *Transylvanian Journal of Psychology*

Bertok, L. Sz., Ozsvath, K., Stirbu, I., & **Kotta, I.** (2011). A Comparative Study on Physical Education Students' State of Health with Hungarian, Romanian and Spanish Samples. *Studia Universitatis Babes-Bolyai, Educatio Artis Gymnasticae*, 56(2),111–123.

Kotta, I. (2009). Énreleváns ingerek hatása az iskolai társas helyzetek értelmezésére. *Erdélyi Pszichológiai Szemle*

Kotta, I. (2007). Az érzelmi állapotok kognitív folyamatokra gyakorolt hatásának elméletei és iskolai közegben való megnyilvánulásai. *Erdélyi Pszichológiai Szemle*

Kotta, I. (2005). A Bender-próba értelmezési lehetőségei a gyerekkori érzelmi zavarok feltárásában. *Erdélyi Pszichológiai Szemle*

Kotta, I. (2003). Az iskolai társas beilleszkedés fejlesztése koraserdülőkorban. *Erdélyi Pszichológiai Szemle*

Other journal articles

Kotta, I. (2011). Az iskolai szorongás. *Tudásmenedzsment*, 70-78.

Bertok, L. Sz., **Kotta, I.**, Ozsvath, K., & Stirbu, I., Testnevelotanárr-jelöltek fizikai és mentális egészségi állapota a pszichoszociális tényezők tükrében magyar, román és spanyol mintán. *Kalokagathia*, 21-23.

Kotta, I. (2008). A kötődési stílus az iskolai alkalmazkodás szemszögéből. *Tudásmenedzsment*, XI/1, 68-77.

Books, Edited books

Kotta I. (2022). Etika és szakmai integritás. *Presa Universitara Clujeana*.

Kotta I. (Ed.) (2021). Fészkelődők: érdekességek a kisiskoláskor pszichológiájából. *Presa Universitara Clujeana*.

Book chapters, studies in collective volumes B+

Kotta, I. (2021). Fészkelődők: eltérő fejlődés/fejlődési eltérések kisiskoláskorban. In Kotta, I. (Ed.) Fészkelődők: Érdekességek a kisiskoláskor pszichológiájából. *Presa Universitara Clujeana*, 41-49.

Kotta, I. (2021). Barátkozó gyermek: társas kapcsolatok kisiskolásokban. In Kotta, I. (Ed.) Fészkelődők: Érdekességek a kisiskoláskor pszichológiájából. *Presa Universitara Clujeana*, 101-111.

Kotta, I. (2021). A fejlődési pszichopatológia szemléleti kerete. In Kotta, I. (Ed.) Fészkelődők: Érdekességek a kisiskoláskor pszichológiájából. *Presa Universitara Clujeana*, 117-123.

Kotta, I. (2021). A bánatos: hangulatzavarok kisiskoláskorban. In Kotta, I. (Ed.) Fészkelődők: Érdekességek a kisiskoláskor pszichológiájából. *Presa Universitara Clujeana*, 137-148.

Kotta, I. & Batiz, E. (2012). A mediált tanulási tapasztalat alkalmazási módszerei: a formatív diagnosztika és a videotréning. *Presa Universitara Clujeana*, 68-79.

Kotta, I. (2008). Az iskolai társas beilleszkedés emocionális tényezői. In Kiss Sz. (Ed.) Az iskolai beilleszkedési problémák felismerése, prevenciója es terápiája. *Presa Universitara Clujeana*, 89-102.

Articles published in ISI Proceedings

Marschalkó, E.E., Batiz, E., Orbán, R., **Kotta, I.**, & Jancso-Farcas, S. (2019). Self-regulated learning differences in stem and non-stem undergraduates. 6th SWS International Scientific Conference on Social Sciences 2019, Conference Proceedings, ISBN 978-619-7408-93-5 / ISSN 2382-9959, 26 August – 1 September, 2019, Vol 6 (3), 339-346.

Papers published in journals and conference volumes reviewers

Marschalko E.E., Kalcza Janosi K., **Kotta I.**, Bibok B. (2021). Translation Cultural adaptation and Validation of the Hungarian Version of Self-Determination Scale. XV. International Reserach Conference: Humanistic Psychology and Psychotherapy, September 20-21 2021, Lisbon, Portugal. ISSN: 1307-6892.

Kotta I., Szabo K., Marschalko E. – E., Farcas S., Kálcza-Jánosi, K. (2020). The Moderation Effect of Generation on the Relationship between Psychological Flexibility and Covid-19 Preventive Behaviour among Females, Pagina: 1 - 12, An: 2020 Volum: 11, Conferință: 11th International Conference on Humanities

Psychology and Social Sciences, ISBN/ISSN: 978-609-485-099-8, Web: <https://www.dpublication.com/wp-content/uploads/2020/12/33-10843.pdf>

Kálcza-Jánosi, K, Farcas S., Szabo K., **Kotta I.**, Marschalko E.- E. (2020). The Development and Validation of COVID-19 Prevention Behaviour Scale on Female Hungarian Population, Pagina: 1 - 10, An: 2020 Volum: 11, Conferință: 11th International Conference on Humanities Psychology and Social Sciences, ISBN/ISSN: 978-609-485-099-8, Web: <https://www.dpublication.com/wp-content/uploads/2020/12/27-10837.pdf>

Kalcza Janosi K., Kiss SZ., **Kotta I.**, Bernath A.E. (2019). Impact of high blood pressure on memory functions in middle aged adults. Pp. 12 - 12, 6th World Conference on Psychology Sciences (WC-PSY 2019), Christian University St. Petersburg Russia, 29 - 31 August 2019, Web: http://www.globalcenter.info/wc-psy/?page_id=876, www.wc-psy.org

Kalcza Janosi K., Kiss SZ., Medgyesi E., **Kotta I.**, Bernath A. E. (2019). Systolic and diastolic blood pressure as predictors of memory functions, pp: 22 - 22, 8th World Conference on Psychology and Sociology (PSY- SOC 2019). Istanbul Turkey, . Web: http://globalcenter.info/psysoc/?page_id=518, www.psysoc.net.

Janos R. M., Szabo K., Kalcza Janosi K., Farcas S., **Kotta I.** (2019). The effect of organizational status on the relation between work-family conflict life and work satisfaction, Pagina: 1 - 11, Conferință: ICPS 2019 International Convention of Psychological Science, Editură: ICPS.

Kalcza Janosi K., Szabo K., Farcas S., Janos R. M., **Kotta I.** (2019). Gender differences in predictive value of education and glycemic control in memory performance of type 2 diabetic adults, Conferință: ICPS 2019 International Convention of Psychological Science, Editură: ICPS.

Farcas S., Kalcza Janosi K., **Kotta I.**, Szabo K Janos R. (2018). Psychometric properties of the Hungarian version of the adult ADHD self-report scale (ASRS-v1.1) screener and symptom checklist. Conferinta: 3rd International Conference on New Findings in Humanities and Social Sciences Brussels Belgium 14th - 15th September 2018. doi.org/10.33422/3hsconf.2018.09.10

Farcas S., Kiss, Sz., **Kotta, I.**, Orban, R. (2019). Comparison of parent teacher evaluations: ADHD conduct and oppositional defiant disorder symptoms. 8th World Conference on Psychology and Sociology (PSY-SOC 2019) Istanbul, Turkey

● MEDIA PARTICIPATION/ONLINE LECTURE

Documentary film

2020_BBTE Science 3. A COVID-19 jelenség pszichológiája. Documentary film. <https://www.facebook.com/385459454873534/videos/277951246851662>

Radio interview

2022_ Agnus Rádió. *COVID-19 oltásokkal szembeni bizonytalanság.* Radio interview. <https://agnusradio.ro/category/aktualisok/>

2020_Kolozsvári Rádió. *Fészkelődők: érdekességek a kisiskoláskor pszichológiájából - könyvbemutató.* Radio interview/book presentation. <http://www.kolozsvariradio.ro/>

TV talk show

2022_Erdély TV. Zebra. *Élet a COVID után.* TV talk show <https://www.youtube.com/watch?v=xKQyYujlH0s&t=1534s>

Newspaper article

2021_Szabadság Napilap, Kolozsvár. *Hitünk befolyásolja hogyan viszonyulunk a világjárványhoz.* Newspaper article
<http://szabadsag.ro/-/hitunk-befolyasolja-hogyan-viszonyulunk-a-vilagjarvanyhoz>.

Online lecture

2022_BBTE 150 év: A tudás spektruma. Online lecture series. *Félelem az ismeretlentől. A bizonytalanság elviselhetetlen nehézsége.*
<https://www.facebook.com/bbtekolozsvar>

● LANGUAGE SKILLS

Mother tongue(s): **HUNGARIAN**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ROMANIAN	C1	C1	C1	C1	C1
ENGLISH	C1	C1	B2	B2	B2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user