

**EUROPEAN
CURRICULUM VITAE**



PERSONAL INFORMATION

NAME **Roland-Henriu Gergely, Ph.D**
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Name and address of the employer Department of Applied Psychology, Faculty of Psychology and Educational Sciences, Babes-Bolyai University
128 December 21, 1989 Boulevard, Cluj-Napoca, 400604, Cluj-Napoca, Romania

Nationality Hungarian
Citizenship Romania, Hungary

ORCID ID <https://orcid.org/0009-0005-3112-9522>
Google scholar ID <https://scholar.google.com/citations?user=crr3mG0AAAAJ&hl=en>
Web of science ID <https://www.webofscience.com/wos/author/record/MGA-5859-2025>

**PROFESSIONAL
EXPERIENCE**

Period	2024-current
Name of the employer	Department of Applied Psychology, Babes-Bolyai University, Cluj-Napoca
Function	Associate Lecturer/ Assitant , Ph.D
Main activities and responsibilities	University courses, seminars, laboratory activities Scientific research Administrative activity

Period	2022- current
Name of the employer	Private practice-CIP Gergely Roland (28771/1CJ12440) Boulevard Manastur, Cluj-Napoca
Function	Licensed clinical psychologist and Cognitive Behavioral Psychotherapist
Main activities and responsibilities	Clinical evaluation and psychodiagnostic Psychological Counseling/ Short-term therapeutic interventions Psychological Development Assessment Cognitive Assessment

Period	2022-2023
Name of the employer	Department of Applied Psychology, Babes-Bolyai University, Cluj-Napoca
Function	Teaching assistant
Main activities and responsibilities	University seminars, laboratory activities Scientific research Administrative activity

Period	2021-2024
Name of the employer	Babes-Bolyai University, Cluj-Napoca
Function	Research assistant
Main activities and responsibilities	Collecting, organizing, and analyzing data using statistical tools or software Reviewing and interpreting research findings and contributing to the development of conclusions. Conducting literature reviews to gather relevant information and research materials.

EDUCATION AND FORMATION

Period	2021-2024
Name and type of organization	University Babeş-Bolyai, Cluj-Napoca
Domain/ aptitudes	Education, Reflection, Development
Type of qualification/ degree obtained	Ph.D.
Level of classification/of study	Doctoral degree

Period	2022-current
Name and type of organization	Romanian Association of Cognitive and Behavioral Psychotherapies
Domain/ aptitudes	Cognitive Behavioral Therapy
Level of classification/of study	Certified Cognitive Behavioral Therapist

Period	2022-2024
Name and type of organization	Babeş-Bolyai University, Cluj-Napoca
Domain/ aptitudes	Clinical and Public Health Psychology
Level of classification/of study	Master degree

Period	2019-2021
Name and type of organization	Babeş-Bolyai University, Cluj-Napoca
Domain/ aptitudes	Management, Counselling And Psycho-Pedagogical Assistance In Inclusive Institutions
Level of classification/of study	Master degree

Period	2017-2021
Name and type of organization	Babeş-Bolyai University, Cluj-Napoca
Domain/ aptitudes	Psychology
Level of classification/of study	Bachelor degree

Period	2016-2019
Name and type of organization	Babeş-Bolyai University, Cluj-Napoca
Domain/ aptitudes	Educational Science/ Pedagogy Of Primary And Preschool Education
Level of classification/of study	Bachelor degree

Period	2016-2021
Name and type of organization	Babeş-Bolyai University, Cluj-Napoca
Domain/ aptitudes	Department for Teacher Training
Level of classification/of study	Pedagogical Module I; Pedagogical Module II.

DIDACTIC EXPERIENCE

University courses		Clinical Aspects in Atypical Development (MA)
		Educational Psychology of Adolescents, Youth and Adults (MA)
		Psychopedagogy of children with learning disabilities (BA)
		Psychopedagogy of the visually impaired (BA)
University seminars		Educational and Social Policies (BA)
		Counseling and Communication (BA)
		Pedagogical practice (BA)
		Didactics of Teaching Psychology in Higher Education (MA)
		Didactics of Teaching Special Education in Higher Education (MA)
		Clinical Aspects in Atypical Development (MA)
		Educational Psychology of Adolescents, Youth and Adults (MA)
Academic Tutor		Psychopedagogy of emotional and behavioral disorders (BA)
		Psychopedagogy of children with learning disabilities (BA)
		Psychopedagogy of the visually impaired (BA)
		Inclusive education (BA)
		Educational and Social Policies (BA)
		Counseling and Communication (BA)
		Pedagogical practice (BA)
		Didactics of Teaching Psychology in Higher Education (MA)
		Didactics of Teaching Special Education in Higher Education (MA)
		Social Psychology I
	Social Psychology II	
	Organizational Psychology	
	Clinical Psychology and Psychotherapy II	

CERTIFICATION

2022	Clinical Psychologist CPR certification
2025	Cognitive-Behavioral Psychotherapist (CPR certification)
2023	Certificate of Completion for successfully completing the ICC GOOD CLINICAL PRACTICE E6 (R2) Certificate Number: 39716a4f-bd49-4bbb-8513-fb468bbe9657 Global Health Training Centre globalhealthtrainingcentre.org/elearning Hereby Certifies with a score of 100%
2016-2019	Certification Departamentul Pentru Pregătirea Personalului Didactic (Teacher Training Department)
2024	TOEFL (Test of English as a Foreign Language)

**PROFESSIONAL COURSES
AND WORKSHOPS**

2024	International Conference Multidisciplinary and Interdisciplinary Team in Support of Child and Adolescent Development
2024	National Conference Current and Future Didactic Approaches in Primary and Preschool Education
2024	API III Conference – Educational Psychology
2023	API I Conference – Clinical Psychology and Psychotherapy, poster presentation: Psychometric Properties of The Romanian and Hungarian Versions Of The Attitudes Toward Sexuality Scale. Gergely, R. H., & Rusu, A. S.
2023	Workshop Organization: 'Introduction to Parental Training on Sexual Education for Children with ASD' within the 'Blue for Autism!' event, organized by the Autism Transylvania Association on April 6, 2023, Cluj-Napoca.
2022	The 10th International Conference Education, Reflection, Development (ERD 2022), paper presentation: Romanian and Hungarian Translations of the Attitudes toward Sexuality Scale - Psychometric Validation. Gergely, R. H., & Rusu, A. S.

**NETWORKS AND
MEMBERSHIPS**

2022-current	Membership Colegiul Psihologilor din Romania (College of Romanian Psychologists)
2022-current	Romanian Association of Cognitive and Behavioral Psychotherapies

**SCIENTIFIC/RESEARCH
GRANTS, SCHOLARSHIPS**

2023-2024	Director of grant: Collegium Talentum-ösztöndíjprogram/ Collegium Talentum Scholarship Program – Sapientia Hungariae Foundation
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LANGUAGE SKILLS

MOTHER TONGUE	Hungarian
	Romanian
• reading comprehension	C1
• writing	C1
• speaking	C1
	English
• reading comprehension	B2

• writing	B2
• speaking	B1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

LIST OF PUBLICATIONS AND SCIENTIFIC MANIFESTATIONS

GERGELY ROLAND HENRIU, PhD, Associate Lecturer

Department of Applied Psychology, Babes-Bolyai University, Cluj-Napoca

Articles published in WoS journals

Gergely, R. H., Rusu, A. S., Madaras, M., & Kalcza-Janosi K. (2024). Does talent protect or compromise? Investigation of the emotional and behavioural disorders and giftedness in children. *Journal of Educational Sciences & Psychology*, 14 (76)(1), 171–187. <https://doi.org/10.51865/jesp.2024.1.17>

Krisztina Szász, Réka Orbán, & **Gergely, R. H.** (2024). Teachers' attitudes toward inclusive education in Romania. *Journal of Educational Sciences & Psychology*, 15 (76)(2), 65–78. <https://doi.org/10.51865/jesp.2024.2.07>

Gergely, R. H., & Rusu, A. S. (2021). A qualitative investigation of parental attitudes and needs for sexual health education for children with autism in Romania. *Journal of Educational Sciences & Psychology*, 11(2), 64-7

Gergely, R. H., & Rusu, A. S. (2024). Predictors of parental attitudes towards sexual health education for persons with special needs. *European Journal of Special Needs Education*, 1–12. <https://doi.org/10.1080/08856257.2024.2351703>

Gergely, R. H., Kotta, I., & Kalcza-Janosi, K. (under review). How do parental characteristics impact children's emotional and behavioral development? Relationships between parental early maladaptive schemas, parental perceived distress, parental self-efficacy, authoritarian parenting style and emotional/behavioral disorders in children. *Manuscript under review*.

FERENCZ-DEÁK, B. & **Gergely, R. H.,** (2025). From Anger to Vulnerability: Uncovering the Psychological Routes to Low Self-Esteem. The Mediating Role of Depression and Cognitive Emotion Regulation Strategies between Anger Rumination and Self-Esteem. *Unpublished manuscript submitted for publication*.

Bíró, A., & **Gergely, R. H.,** (2025). The Impact of Adverse Childhood Experiences on Emotion Regulation, Self-Esteem, and Risk-Seeking Behavior: The Protective Role of Resilience and Perceived Social Support. *Unpublished manuscript submitted for publication*.

Dáni, H., & **Gergely, R. H.,** (2025). From Shame to Symptoms: Self-Compassion as a Buffer Against Depression in the Context of Emotion Regulation. *Unpublished manuscript submitted for publication*.

Articles published in indexed journals (ERIH PLUS or SCOPUS)

Gergely, R. H., & Rusu, A. S. (2022). Linguistic Validation of the Romanian and Hungarian Translations of the Attitudes About Sexuality for People with Disabilities Questionnaire. *Educatia*21, 23, 1-7. doi: 10.24193/ed21.2022.23.09

GERGELY, R.-H., & Éva KÁLLAY. (2025). Should I Write or Should I Not? The Investigation of the Short- and Medium-term Effects of an Expressive Writing Intervention in Reducing Depressive Symptoms, Rumination, and Intolerance of Uncertainty in College Students. A Pilot Study. *Studia Universitatis Babeş-Bolyai Psychologia-Paedagogia*, 70(1), 165–191. <https://doi.org/10.24193/subbbsyped.2025.1.08>

Book chapters, studies in collective volumes B+

Gergely, R. H., & Rusu, A. S. (2024). *Elaborarea și testarea preliminară unui conținut curricular de educație parentală pentru sănătatea sexuală a copiilor cu diagnostic clinic de TSA*. In Jucan, D., Muste, D., Albulescu, I. (coord.) Presa Universitară Clujeană

Gergely R. (2024). *Reményvesztettség: hangulatzavarok serdülőkorban*. In Kotta, I. (Ed.) : *Életkori sajátosságok és fejlődési eltérések serdülőkorban*. Presa Universitara Clujeana, ISBN: 978-606-37-2285-1

Gergely, R. (2024). *Rendbontás: viselkedészavarok serdülőkorban*. In Kotta, I. (Ed.) : *Életkori sajátosságok és fejlődési eltérések serdülőkorban*. Presa Universitara Clujeana, ISBN: 978-606-37-2285-1

Gergely, R. (2024). *Érzelmi hullámvasút: bipoláris zavarok serdülőkorban*. In Kotta, I. (Ed.) : *Életkori sajátosságok és fejlődési eltérések serdülőkorban*. Presa Universitara Clujeana, ISBN: 978-606-37-2285-1

Papers published in journals and conference volumes reviewers

Gergely, R. H., & Rusu, A. S. (2023). Romanian and Hungarian Translations of the Attitudes toward Sexuality Scale - Psychometric Validation. Education, Reflection, Development - ERD 2022, vol 6. *European Proceedings of Educational Sciences* (pp. 379-387). <https://doi.org/10.15405/epes.23056.34>

Member of the Scientific Committee of National Conferences

- Reál- és humántudományi Erdélyi Tudományos Diákköri Konferencia ,Kolozsvár , 2024. május 23–26: Gyógypedagógia szekció
- Evaluation Committee Member – Psychology and Pedagogy Section, RKT National Interdisciplinary Scientific Communication Competition (11.04.2025)

Services to the community

- Gálfi Bernadette, **Gergely Roland**, Kálcsa-Jánosi Kinga, Kotta Ibolya, Sulyok Kármén Középiskolások Hosszú Hétvégéjén 2024. szept.21. (Alkalmazott Pszichológia Intézet): Vágyak laborja: a szexuális egészség tudománya. <https://kmei.ro/index.php/2023/10/19/xi-kozepiskolasok-hosszu-hetvegeje-a-bbte-n/>
- **Gergely Roland**. 'Introduction to Parental Training on Sexual Education for Children with ASD' within the 'Blue for Autism!' event, organized by the Autism Transylvania Association on April 6, 2023, Cluj-Napoca.
- **Gergely Roland**. University Students' Mental Health: Risk and Protective Factors – There Is a Way Out. 2025.10.08. <https://www.sperantatv.ro/orizont-calea-de-iesire-invitat-gergely-roland/>

Date:

Signature:

10.08.2025

