

**EUROPEAN
CURRICULUM VITAE**

PERSONAL INFORMATION

NAME **Roland-Henriu Gergely, Ph.D**
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Name and address of the employer Department of Applied Psychology, Faculty of Psychology and Educational Sciences, Babes-Bolyai University
128 December 21, 1989 Boulevard, Cluj-Napoca, 400604, Cluj-Napoca, Romania

ORCID ID <https://orcid.org/0009-0005-3112-9522>
Google scholar ID <https://scholar.google.com/citations?user=crr3mG0AAAAAJ&hl=en>
Web of science ID <https://www.webofscience.com/wos/author/record/MGA-5859-2025>

**PROFESSIONAL
EXPERIENCE**

Period	2024-current
Name of the employer	Department of Applied Psychology, Babes-Bolyai University, Cluj-Napoca
Function	Associate Lecturer, Ph.D
Main activities and responsibilities	University courses, seminars, laboratory activities Scientific research Administrative activity

Period	2022-2023
Name of the employer	Department of Applied Psychology, Babes-Bolyai University, Cluj-Napoca
Function	Teaching assistant
Main activities and responsibilities	University seminars, laboratory activities Scientific research Administrative activity

EDUCATION AND FORMATION

Period	2021-2024
Name and type of organization	University Babeş-Bolyai, Cluj-Napoca
Domain/ aptitudes	Education, Reflection, Development
Type of qualification/ degree obtained	Ph.D.
Level of classification/of study	Doctoral degree

Period	2022-current
Name and type of organization	Romanian Association of Cognitive and Behavioral Psychotherapies
Domain/ aptitudes	Cognitive Behavioral Therapy
Level of classification/of study	Certified Cognitive Behavioral Therapist

Period	2022-2024
Name and type of organization	Babeş-Bolyai University, Cluj-Napoca
Domain/ aptitudes	Clinical and Public Health Psychology
Level of classification/of study	Master degree

Period	2019-2021
Name and type of organization	Babeş-Bolyai University, Cluj-Napoca
Domain/ aptitudes	Management, Counselling And Psycho-Pedagogical Assistance In Inclusive Institutions
Level of classification/of study	Master degree

Period	2017-2021
Name and type of organization	Babeş-Bolyai University, Cluj-Napoca
Domain/ aptitudes	Psychology
Level of classification/of study	Bachelor degree

Period	2016-2019
Name and type of organization	Babeş-Bolyai University, Cluj-Napoca
Domain/ aptitudes	Educational Science/ Pedagogy Of Primary And Preschool Education
Level of classification/of study	Bachelor degree

Period	2016-2021
Name and type of organization	Babeş-Bolyai University, Cluj-Napoca
Domain/ aptitudes	Department for Teacher Training
Level of classification/of study	Pedagogical Module I; Pedagogical Module II.

DIDACTIC EXPERIENCE

University courses		Clinical Aspects in Atypical Development (MA)
		Educational Psychology of Adolescents, Youth and Adults (MA)
		Psychopedagogy of the visually impaired (BA)
		Educational and Social Policies (BA)
		Counseling and Communication (BA)
		Didactics of Teaching Psychology & Special Education in Higher Education (MA)

University courses and seminars		Clinical Aspects in Atypical Development (MA)
		Educational Psychology of Adolescents, Youth and Adults (MA)
		Psychopedagogy of emotional and behavioral disorders (BA)
		Psychopedagogy of children with learning disabilities (BA)
		Psychopedagogy of the visually impaired (BA)
		Inclusive education (BA)
		Educational and Social Policies (BA)
		Counseling and Communication (BA)
		Pedagogical practice (BA)
		Didactics of Teaching Psychology in Higher Education (MA)
		Didactics of Teaching Special Education in Higher Education (MA)

Academic Tutor		Social Psychology I
		Social Psychology II
		Work Psychology
		Organizational Psychology
		Career Counseling
		Clinical Psychology and Psychotherapy II

CERTIFICATION

2022	Clinical Psychologist (CPR certification)
2025	Cognitive-Behavioral Psychotherapist (CPR certification)
2023	Certificate of Completion for successfully completing the ICC GOOD CLINICAL PRACTICE E6 (R2) Certificate Number: 39716a4f-bd49-4bbb-8513-fb468bbe9657 Global Health Training Centre globalhealthtrainingcentre.org/elearning Hereby Certifies with a score of 100%

2016-2019	Certification Departamentul Pentru Pregătirea Personalului Didactic (Teacher Training Department)
2024	TOEFL (Test of English as a Foreign Language)

PROFESSIONAL COURSES AND WORKSHOPS

2024	International Conference Multidisciplinary and Interdisciplinary Team in Support of Child and Adolescent Development
2024	National Conference Current and Future Didactic Approaches in Primary and Preschool Education
2024	API III Conference – Educational Psychology
2023	API I Conference – Clinical Psychology and Psychotherapy, poster presentation: Psychometric Properties of The Romanian and Hungarian Versions Of The Attitudes Toward Sexuality Scale. Gergely, R. H., & Rusu, A. S.
2023	Workshop Organization: 'Introduction to Parental Training on Sexual Education for Children with ASD' within the 'Blue for Autism!' event, organized by the Autism Transylvania Association on April 6, 2023, Cluj-Napoca.
2022	The 10th International Conference Education, Reflection, Development (ERD 2022), paper presentation: Romanian and Hungarian Translations of the Attitudes toward Sexuality Scale - Psychometric Validation. Gergely, R. H., & Rusu, A. S.

NETWORKS AND MEMBERSHIPS

2022-current	Membership Colegiul Psihologilor din Romania (College of Romanian Psychologists)
2022-current	Romanian Association of Cognitive and Behavioral Psychotherapies

SCIENTIFIC/RESEARCH GRANTS, SCHOLARSHIPS

2023-2024	Beneficiary of the Collegium Talentum Scholarship Program Sapientia Hungariae Foundation
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LANGUAGE SKILLS

MOTHER TONGUE	Hungarian
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	Romanian
• reading comprehension	C1
• writing	C1
• speaking	C1

	English
• reading comprehension	B2
• writing	B2
• speaking	B1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

LIST OF PUBLICATIONS AND SCIENTIFIC MANIFESTATIONS

GERGELY ROLAND HENRIU, PhD, Associate Lecturer

Department of Applied Psychology, Babes-Bolyai University, Cluj-Napoca

Articles published in WoS journals

Gergely, R. H., Rusu, A. S., Madaras, M., & Kalcza-Janosi K. (2024). Does talent protect or compromise? Investigation of the emotional and behavioural disorders and giftedness in children. *Journal of Educational Sciences & Psychology*, 14 (76)(1), 171–187. <https://doi.org/10.51865/jesp.2024.1.17>

Krisztina Szász, Réka Orbán, & **Gergely, R. H.** (2024). Teachers' attitudes toward inclusive education in Romania. *Journal of Educational Sciences & Psychology*, 15 (76)(2), 65–78. <https://doi.org/10.51865/jesp.2024.2.07>

Gergely, R. H., & Rusu, A. S. (2021). A qualitative investigation of parental attitudes and needs for sexual health education for children with autism in Romania. *Journal of Educational Sciences & Psychology*, 11(2), 64-7

Gergely, R. H., & Rusu, A. S. (2024). Predictors of parental attitudes towards sexual health education for persons with special needs. *European Journal of Special Needs Education*, 1–12. <https://doi.org/10.1080/08856257.2024.2351703>

Gergely, R. H., Kotta, I., & Kalcza-Janosi, K. (under review). *How do parental characteristics impact children's emotional and behavioral development? Relationships between parental early maladaptive schemas, parental perceived distress, parental self-efficacy, authoritarian parenting style and emotional/behavioral disorders in children.* Manuscript under review.

Articles published in indexed journals (ERIH PLUS or SCOPUS)

Gergely, R. H., & Rusu, A. S. (2022). Linguistic Validation of the Romanian and Hungarian Translations of the Attitudes About Sexuality for People with Disabilities Questionnaire. *Educatia*21, 23, 1-7. doi: 10.24193/ed21.2022.23.09

Gergely, R. H., & Kallay, E. (accepted). *Should I write or should I not? The investigation of the short- and medium-term effects of an expressive writing intervention in reducing depressive symptoms, rumination, and intolerance of uncertainty in college students: A pilot study.* Manuscript accepted for publication.

Book chapters, studies in collective volumes B+

Gergely, R. H., & Rusu, A. S. (2024). *Elaborarea și testarea preliminară unui conținut curricular de educație parentală pentru sănătatea sexuală a copiilor cu diagnostic clinic de TSA [Design and Preliminary Evaluation of a Parental Education Curriculum on the Sexual Health of Children with a Clinical ASD Diagnosis]*. In Jucan, D., Muste, D., Albulescu, I. (coord.) Presa Universitară Clujeană

Gergely R. (2024). *Reményvesztettség: hangulatzavarok serdülőkorban [Hopelessness: Mood Disorders in Adolescence]*. In Kotta, I. (Ed.) : *Életkori sajátosságok és fejlődési eltérések serdülőkorban [Age-Specific Characteristics and Developmental Deviations in Adolescence]*. Presa Universitara Clujeana, ISBN: 978-606-37-2285-1

Gergely, R. (2024). *Rendbontás: viselkedészavarok serdülőkorban [Disruptive Behavior: Conduct Disorders in Adolescence]*. In Kotta, I. (Ed.) : Életkori sajátosságok és fejlődési eltérések serdülőkorban [Age-Specific Characteristics and Developmental Deviations in Adolescence]. Presa Universitara Clujeana, ISBN: 978-606-37-2285-1

Gergely, R. (2024). *Érzelmi hullámvasút: bipoláris zavarok serdülőkorban [Emotional Rollercoaster: Bipolar Disorders in Adolescence]*. In Kotta, I. (Ed.) : Életkori sajátosságok és fejlődési eltérések serdülőkorban [Age-Specific Characteristics and Developmental Deviations in Adolescence]. Presa Universitara Clujeana, ISBN: 978-606-37-2285-1

Papers published in journals and conference volumes reviewers

Gergely, R. H., & Rusu, A. S. (2023). Romanian and Hungarian Translations of the Attitudes toward Sexuality Scale - Psychometric Validation. Education, Reflection, Development - ERD 2022, vol 6. *European Proceedings of Educational Sciences* (pp. 379-387). <https://doi.org/10.15405/epes.23056.34>

Member of the Scientific Committee of National Conferences

- Member of the Evaluation Committee – Psychopedagogy Section, 27th Transylvanian Scientific Student Conference (ETDK; 15.05.2024-18.05.2024)
- Evaluation Committee Member – Psychology and Pedagogy Section, RKT National Interdisciplinary Scientific Communication Competition (11.04.2025)

Services to the community

- Gálfi Bernadette, **Gergely Roland**, Kálcza-János Kinga, Kotta Ibolya, Sulyok Kármén Középiskolások Hosszú Hétvégéjén 2024. szept.21. (Alkalmazott Pszichológia Intézet): Vágyak laborja: a szexuális egészség tudománya. <https://kmei.ro/index.php/2023/10/19/xi-kozepiskolasok-hosszu-hetvegeje-a-bbte-n/>
- **Gergely Roland**. 'Introduction to Parental Training on Sexual Education for Children with ASD' within the 'Blue for Autism!' event, organized by the Autism Transylvania Association on April 6, 2023, Cluj-Napoca.

Research Interests

- Clinical psychology
- Educational Psychology

Date:

06.06.2025

Signature: