



Kinga Kanyaro (Szabó)

Date of birth: 1988

CONTACT

 Kolozsvár, Romania (**Work**)

 kinga.szabo@ubbcluj.ro

WORK EXPERIENCE

Department of Applied Psychology, Babeş-Bolyai University Cluj-Napoca, Romania

Assistant professor

10/2016 – Current

Teaching subject:

Work psychology;

Psychology of creativity;

Assessment and development of creativity;

Ethics and professional integrity

Life Coaching

Other main areas of work:

Scientific research

Supervision of graduate students' theses

Supervision of undergraduate students' academic research

Organizing open days

Participation in academic conferences/organizing workshops

Institute Council membership

Participation in a human resources technical group

Department of Applied Psychology, Babeş-Bolyai University Cluj-Napoca, Romania

Director of Studies DL

10/2023 – Current

Center of Careers, Babeş-Bolyai University Cluj-Napoca, Romania

Psychologist, career counsellor

10/2023 – 10/2024

Nobis Labordiagnostica Cluj-Napoca, Romania

Organisational Development Specialist

02/2016 – 07/2017

Department of Applied Psychology, Babeş-Bolyai University Cluj-Napoca, Romania

University teaching assistant

04/2014 – 09/2016

Department of Applied Psychology, Babeş-Bolyai University Cluj-Napoca, Romania

Assigned teaching assistant

11/2010 – 03/2014

S.C. Psihoselect S.R.L. Cluj-Napoca, Romania

HR assistant - trainee

07/2013 – 11/2013

EDUCATION AND TRAINING

2012 – 2015 Cluj-Napoca, Romania

PhD. Domain: Psychology Babes-Bolyai University

02/2015 – 04/2015 Milano, Italy

University mobility Università Cattolica del Sacro Cuore

2010 – 2012 Cluj-Napoca, Romania

Master's degree. Domain/Field of Study: Psychology: Psychological counselling and intervention

2007 – 2012 Cluj-Napoca, Romania

Pedagogy modules I and II (Teacher Training) Babes-Bolyai University

2007 – 2010 Kolozsvár, Romania

Bachelor's degree. Domain/ Field of Study: Psychology Babes-Bolyai University

LANGUAGE SKILLS

MOTHER TONGUE(S): Hungarian

Other language(s):

English

Listening B2

Spoken production B2

Reading C1

Spoken interaction B2

Writing B1

Italian

Listening A1

Spoken production A1

Reading A1

Spoken interaction A1

Writing A1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

PUBLICATIONS

Articles published in WoS journals

- Kotta, I., Dezsi-Benyovszki, A., **Kalcza-Janosi, K.**, Marschalko, E.E & **Kanyaro, K.** (2024). Intolerance of Uncertainty and Neuroticism: Transdiagnostic Vulnerabilities and War-Related Safety Preparatory Behavior. *Journal of Loss and Trauma*, 1–27. <https://doi.org/10.1080/15325024.2024.2407086>
- Kalcza-Janosi, K., Kotta, I., Marschalko, E.E., **Szabo, K.** (2023). The Fear of War Scale (FOWARS): Development and Initial Validation. *Soc. Sci.* 12, 283. <https://doi.org/10.3390/socsci12050283>, WOS: 001009648100001
- Marschalko, E. E., **Szabo, K.**, Kotta, I., & Kalcza-Janosi, K. (2022). The Role of Positive and Negative Information Processing in COVID-19 Vaccine Uptake in Women of Generation X, Y, and Z: The Power of Good is Stronger Than Bad in Youngsters? *Frontiers in Psychology*, 13. <https://doi.org/10.3389/fpsyg.2022.925675> All authors have contributed equally
- Lindner, C., Kotta, I., Marschalko, E. E., **Szabo, K.**, Kalcza-Janosi, K., & Retelsdorf, J. (2022). Increased Risk Perception, Distress Intolerance and Health Anxiety in Stricter Lockdowns: Self-Control as a Key Protective Factor in Early Response to the COVID-19 Pandemic. *International Journal of Environmental Research and Public Health*, 19(9), 5098. <https://doi.org/10.3390/ijerph19095098>
- Kotta, I., Kalcza-Janosi, K., **Szabo, K.**, & Marschalko, E. E. (2021). Development and Validation of the Multidimensional COVID-19 Vaccine Hesitancy Scale. *Human Vaccines & Immunotherapeutics*, 18(1), 1–10. <https://doi.org/10.1080/21645515.2021.2007708> All authors have contributed equally
- Marschalko, E. E., Kotta, I., Kalcza-Janosi, K., **Szabo, K.**, & Jancso-Farcas, S. (2021). Psychological Predictors of COVID-19 Prevention Behavior in Hungarian Women Across Different Generations. *Frontiers in Psychology*, 12. <https://doi.org/10.3389/fpsyg.2021.596543> All authors have contributed equally

Articles published in indexed journals (ERIH PLUS or SCOPUS)

- Kotta, I., **Szabo, K.**, Marschalkó, E. E., Jancso-Farcas, S., and Kalcza-Janosi, K. (2021). The Moderation Effect of Generation on the Relationship between Psychological Flexibility and COVID-19 Preventive Behaviour among Females. *Journal of International Women's Studies*, 22(3), 176-187. Available at: <https://vc.bridgew.edu/jiws/vol22/iss3/17>
- Kalcza-Janosi, K.; Jancso-Farcas, S.; **Szabo, K.**; Kotta, I.; and Marschalkó, E. E. (2021). The Development and Validation of COVID-19 Prevention Behaviour Scale on Female Hungarian Population. *Journal of International Women's Studies*, 22(3), 188-197. Available at: <https://vc.bridgew.edu/jiws/vol22/iss3/18>
- Jancso-Farcas, S., **Szabo, K.**, János, R., Batiz, E. (2018). Assessing personality factors of cyber bullies and victims among adolescents, *PedActa*, 8 (2), 41-50.

Articles published in other indexed journals

- **Szabó, K.** (2017). Cultural differences in creative self-efficacy, role identity and self-percieved behavior, *4th International Multidisciplinary Scientific Conference on Social Sciences and Arts SGEM 2017, Conference Proceedings*, ISBN 978-619-7408-19-5 / ISSN 2367-5659, 24 - 30 August, 2017, Book 3, Vol 2, 93-100 pp, DOI: 10.5593/sgemsocial2017/32/S11.012
- **Szabó, K.**, János, R., Kiss Sz. (2017). Predictors of creative self-efficacy, creative role identity and self-percieved creative behavior, *4th International Multidisciplinary Scientific Conference on Social Sciences and Arts SGEM 2017, Conference Proceedings*, ISBN 978-619-7408-19-5 / ISSN 2367-5659, 24 - 30 August, 2017, Book 3, Vol 2, 255-262 pp, DOI: 10.5593/sgemsocial2017/32/S11.032
- **Szabó, K.**, Demeter, K., Batiz, E., Bota, A., Kónya, N. (2014). Creativity and personality profiles of adolescents based on cyberbullying roles, *Erdélyi Pszichológiai Szemle (Transylvania Journal of Psychology)*, 15, (2), 181-198.
- Mutică, P., **Szabó, K.**, Szamosközi, Ş. (2014). The Importance of Creativity in Architecture as a Solution to Urban Landscape Disfunctionalities, *Acta Technica Napocensis: Civil Engineering & Architecture*, 57 (3), 273 - 277.
- **Szabó, K.**, Kotta, I. (2013). The Predictive Value of Social Intelligence for Cooperative Behavior in a Task-oriented Interaction Paradigm: a Pilot Study. *Erdélyi Pszichológiai Szemle (Transylvania Journal of Psychology)*, 2, 255-274.
- **Szabó, K.**, Szamosközi, Ş. (2012). Relationship between Social Creativity and Social Intelligence, and their Cognitive Correlates. *Erdélyi Pszichológiai Szemle*, 1, 39-62.
- Kotta I., Maday A, **Szabó, K.** (2009). Énreleváns ingerek hatása az iskolai társas helyzetek értelmezésére. (Efectul stimulilor relevanți asupra interpretării situațiilor sociale școlare), *Erdélyi Pszichológiai Szemle*, 4, 283-297.

Other journal articles

- **Szabó, K.,** Ratiu, L., C., I. (2021). The relationship between leader Coaching behaviours and employees' Creative Problem Solving: Insights from workplace. *International Journal of Coaching Psychology*, 2 (6), 1-14.
- Tóth, R., **Szabó, K.** (2019). Professzionális magyar jégkorongozók személyiségének, megküzdési stratégiáinak és megélt stressz-szintjének vizsgálata / Examination of Hungarian professional ice hockey players' personality, coping strategies and stress level. *Testnevelés, Sport, Tudomány/Physical education, Sport, Science*, 4 (3-4), 53-65.
- **Szabó, K.,** Tóth, R. (2019). Hivatásos magyar jégkorongozók stresszhelyzetének vizsgálata a motiváció tükrében, *Sporttudományi Szemle*, 20/82, 20-27.
- **Szabó, K.** (2018). A kreativitás fogalma és fejlesztése kicsit másképp, *Magiszter*, XVI, 2, 3-10.
- János R., Fărcaș, S., **Szabó K.** (2018). Hogyan befolyásolja az iskolai oktatás hiánya a kognitív profitot és változtathatóságot?, *Különleges Bánásmód*, IV. évf., 2018/5. Abstarcts, 16 (Special Issue)ISSN: 2498-5368, doi: 10.18458/KB.2018.5.
- Fărcaș, S., **Szabó K.,** János R. (2018). Az online zaklatás (cyber-bullying) serdülőknél. Ki válik agresszorrá? Kiből lesz áldozat?, *Különleges Bánásmód*, IV. évf., 2018/5. Abstarcts, (Special Issue) ISSN: 2498-5368, doi: 10.18458/KB.2018.5.
- Demeter K., **Szabó K.** (2015). Az iskolai agresszivitás megnyilvánulási formái, mint az iskolai csoportban elfoglalt státusz meghatározó tényezői. *Különleges Bánásmód*, I, 1, 55-66.
- Demeter K., **Szabó K.,** Maior E., Fărcaș S., Kálcza Jánosi K., János R. (2014). Associations between academic performance, academic attitudes, and procrastination in a sample of undergraduate students attending different forms of education. in *Romanian Journal of Experimental Applied Psychology, The International Conference Psychology and the realities of the contemporary word. Fifth Edition, 24-26 october, 2014, Bucharest, Abstracts*, 5 (Special ISSUE): 26. ISSN-L 2286 – 183. p-ISSN: 2069-1971
- János R., Demeter K., Fărcaș S., Kálcza Jánosi K., Maior E., **Szabó K.** (2014). Implications of motivational factors regarding the academic success of full-time and distance learning undergraduate students: A Self-Determination Theory perspective. in *Romanian Journal of Experimental Applied Psychology, The International Conference Psychology and the realities of the contemporary word. Fifth Edition, 24-26 october, 2014, Bucharest, Abstracts*, 5 (Special ISSUE): 27. ISSN-L 2286 – 183. p-ISSN: 2069-1971
- Demeter, K. **Szabó K.** (2014). The influence of social status variables on different types of school aggression, 11th Apls-Adria Psychology Conference, Pécs Hungary, 18th-20th september, *Abstracts, Review of psychology*, 21, 1, 63, ISSN: 1330-6812
- **Szabó K.,** Demeter, K. (2014). The role of personality Traits in the relationship between creativity and cyberbullying, 11th Apls-Adria Psychology Conference, Pécs Hungary, 18th-20th september, *Abstracts, Review of psychology*, 21, 1, 81, ISSN: 1330-6812

Articles published in ISI Proceedings

- Marschalkó, E.E., Bernath Vincze, A., Kálcza-Jánosi, K., **Szabó, K.,** János, R., (2019). The role of regulatory mode in academic performance among stem and non-stem undergraduates, 6th SWS International Scientific Conference on Social Sciences 2019, Conference Proceedings, ISBN 978-619-7408-93-5 / ISSN 2382-9959, 26 August – 1 September, 2019, Vol 6, 3, 339-346 pp, DOI: 10.5593/SWS.ISCSS.2019.3
- János, R., **Szabó, K.** (2017). Organizational commitment can be predicted? Comparative and descriptive analysis, *European Journal of Economics and Business Studies*, 244-250, 9, 1, doi: <http://dx.doi.org/10.26417/ejes.v9i1.p244-250>
- **Szabó, K.,** Szamosközi, Ş. (2015). The effect of analogical thinking on generating creative products. A quantitative meta-analysis, Conference Proceedings, Sgem International Multidisciplinary Scientific Conferences On Social Sciences & Arts 2015, 219-227. doi: 10.5593/SGEMSOCIAL2015/B11/S1.029
- **Szabó, K.,** Pop, D., Dan-Julean, I., Szamosközi, Ş. (2015). The relationship between analogical reasoning and creativity, Conference Proceedings, Sgem International Multidisciplinary Scientific Conferences On Social Sciences & Arts 2015, 235-243. Doi:10.5593/SGEMSOCIAL2015/B11/S1.031
- **Szabó, K.,** Mutică, P., Szamosközi, Ş. (2015). Associations between Hexaco model of personality structure, motivational factors and self-reported creativity among architecture students, *Procedia – Social and Behavioral Sciences*, 187, 130-135, doi: doi:10.1016/j.sbspro.2015.03.025.
- Demeter, K., **Szabó, K.,** Maior, E., Fărcaș, S., Kálcza-Jánosi, K., János, R. (2015). Associations between academic performance, academic attitudes, and procrastination in a sample of undergraduate students attending different forms of education. *Procedia - Social and Behavioral Sciences*, 187, 45-49, doi:10.1016/j.sbspro.2015.03.009.
- János, R., Demeter, K., Fărcaș, S., Kálcza-Jánosi, K., Maior, E., **Szabó, K.** (2015). Implications of motivational factors regarding the academic success of full-time and distance learning undergraduate students: A Self-Determination Theory perspective. *Procedia - Social and Behavioral Sciences*, 187, 50-55, doi:10.1016/j.sbspro.2015.03.010.

Papers published in journals and conference volumes reviewers

- Kotta I., **Szabo K.**, Marschalko E. – E., Farcas S., Kálcza-Jánosi, K. (2020). The Moderation Effect of Generation on the Relationship between Psychological Flexibility and Covid-19 Preventive Behaviour among Females, Pagina: 1 - 12, An: 2020 Volum: 11, Conferință: 11th International Conference on Humanities Psychology and Social Sciences, Editură: Diamond Scientific Publishing, Editor: -, ISBN/ISSN: 978-609-485-099-8, Web: <https://www.dpublication.com/wp-content/uploads/2020/12/33-10843.pdf>
- Kálcza-Jánosi, K, Farcas S., **Szabo K.**, Kotta I., Marschalko E.– E. (2020). The Development and Validation of COVID-19 Prevention Behaviour Scale on Female Hungarian Population, Pagina: 1 - 10, An: 2020 Volum: 11, Conferință: 11th International Conference on Humanities Psychology and Social Sciences, Editură: Diamond Scientific Publishing, ISBN/ISSN: 978-609-485-099-8, Web: <https://www.dpublication.com/wp-content/uploads/2020/12/27-10837.pdf>
- János, R., M., **Szabo K.**, Marschalkó, E. E., Bernáth-Vincze, A., E. (2019). The predictive value of life satisfaction and organizational commitment on well-being, 8th World Conference On Psychology And Sociology Ayyansaray University, Istanbul, Turkey, 29 November – 01 December 2019
- **Szabo K.**, János, R., M., Farcas, S., Batiz, E. (2019). Generation differences in organizational related attitudes and values, 6th World Conference On Psychology Sciences (WC-PSY 2019), Christian University, St. Petersburg, Russia, 29 – 31 August 2019
- János, R., M., **Szabo K.**, Marschalkó, E. E., Batiz, E. (2019). Effects of work-family conflict on job-life satisfaction in different employment types, 6th World Conference On Psychology Sciences (WC-PSY 2019), Christian University, St. Petersburg, Russia, 29 – 31 August 2019
- Janos, R., M., **Szabo K.**, Kalcza Janosi K., Farcas S., Kotta I. (2019). The effect of organizational status on the relation between work-family conflict life and work satisfaction, Pagina: 1 - 11, ICPS 2019 International Convention of Psychological Science
- Kalcza Janosi K., **Szabo K.**, Farcas S., Janos R. M., Kotta I. (2019). Gender differences in predictive value of education and glycemic control in memory performance of type 2 diabetic adults, Conferință: ICPS 2019 International Convention of Psychological Science, Editură: ICPS.
- Farcas S., Kalcza Janosi K. Kotta I., **Szabo K** Janos R. (2018). Psychometric properties of the Hungarian version of the adult ADHD self-report scale (ASRS-v1.1) screener and symptom checklist. Conferinta: 3rd International Conference on New Findings in Humanities and Social Sciences Brussels Belgium 14th – 15th September 2018. doi.org/10.33422/3hsconf.2018.09.10

Books, Book chapters, studies in collective volumes

- **Szabó, K.** (2018). *Munka- és személyzetpszichológia*, Suport de curs, Presa Universitară Clujeană, ISBN: 978-606-37-0444-4
- **Kanyaró, K.** (2024). Az önismeret támogatása serdülőknél. In Kotta, I. (Ed.) *Zúgolódók. Vol. 2 : Serdülőkori fejlődési eltérések megelőzése és kezelése (15-23)*. Kiadó Presa Universitară Clujeană. ISBN 978-606-37-2285-1
- **Kanyaró, K.** (2024). A stresszmenedzsment támogatása serdülőknél. In Kotta, I. (Ed.) *Zúgolódók. Vol. 2 : Serdülőkori fejlődési eltérések megelőzése és kezelése (43-49)*. Kiadó Presa Universitară Clujeană. ISBN 978-606-37-2285-1
- **Kanyaró, K.** (2023). Megoldásközpontú szemlélet a gyermeknevelésben. In Kotta I. (Ed) *Mocorgók, Érdekeségek az óvodáskor pszichológiájából (289-297)*, Editura Presa Universitara Clujana,
- Marschalko, E. E., **Szabo, K.**, Kotta, I., & Kalcza-Janosi, K. (2022). The Role of Positive and Negative Information Processing in COVID-19 Vaccine Uptake in Women of Generation X, Y, and Z: The Power of Good is Stronger Than Bad in Youngsters? <https://doi.org/10.3389/fpsyg.2022.925675> IN Liu, J., Bailey, R. L., Rui, J., eds. (2023). Health information seeking, processing, and sharing. EBOOK. Lausanne: Frontiers Media SA. doi: 10.3389/978-2-83251-302-6, 128-139 All authors have contributed equally
- Szabó K. (2021). Ötletdús gyermek: kreativitás kisiskoláskorban. In Kotta I. (Ed) *Fészkelődők Érdekeségek a kisiskoláskor pszichológiájából*, Editura Presa Universitara Clujana.. ISBN: 978-606-37-0816-9, 94-100.
- Debreceni, E., **Szabó, K.** (2019). The dark side of creativity and personality traits among prisoners: an exploratory study. In: Marinela, M. (Ed.) *Modern research in psychology. Rethinking research collaborative*. Editura Universitara, 225-232, ISBN volum: 978-606-28-1033-7
- **Szabó, K.** (2020). A kreativitás, avagy a kreatív potenciál kiteljesedése. In: Susana, F. (Ed.) *Nevelépszichológia*, Editura Egyetemi Műhely, 37-53, ISBN volum: 978-606-37- 0434-5
- Debreceni, E., **Szabó, K.** (2019). How personality disorders influence burn murder cases: a multiple case study. In: Vasile, M. (Ed.) *Mind, Body and Behaviour, New trends and prospects in Health, Education and Social Sciences*. Editura Univesitara, 257-263. ISBN volum: 978606280845
- **Szabó K.**, Demeter K., Kálcza-Jánosi K. (2014). Eficiența programelor clasice de dezvoltare cognitivă și influența programului de îmbogățire instrumentală asupra funcțiilor cognitive. In: Frunză, V., Enache, R. Gși Căescu, M. (Ed) *Psihologul: Urme în viața cetății*. Editie electronică, Constanța.61-74. ISBN 978-973-0-16827-3.

NETWORKS AND MEMBERSHIPS

Memberships

- External member of the corporation of doctors of Magyar Tudományos Akadémia (Hungarian Academy of Sciences)
- Membership Colegiul Psihologilor din Romania (College of Romanian Psychologists)
- *International Association of Cognitive-Behavioral Coaching* (IACBC)
- *Asociația de Psihologie Industrială și Organizațională* (APIO)

CONFERENCES AND SEMINARS

National Conference Keynote Speaker

- **Szabó, K.,** Ilyés, M. (2021). Az online oktatás hatása a diákok mentális egészségére. at Magyar Tudomány Ünnepe alkalmából megszervezett tudományos ülészak, UBB Extensia Satu Mare, 25.11.2021
- **Szabó, K.** (2018). Prezentare - Tehnici in dezvoltarea gandirii creative, at KMPSZIHE – Kolozsvári Magyar Pszichológia Hallgatók Egyesülete
- Szabó, K. (2018). A kolozsvari Pszichologiai tanacsadas es beavatkozás mesteri bemutatasa, at Magyar Tudomány Ünnepe alkalmából megszervezett tudományos ülészak, UBB Extensia Satu Mare, 22.11.2018
- **Szabó, K.** (2017). Section Chairman at SGEM International Conferences on Social Sciences and Arts Albena, Bulgaria, 2017

PROJECTS

02/12/2020 – 30/09/2022

Traineeship for sustainable development

Practica pentru o dezvoltare durabilă, Cod proiect: 130631, 11978/29.09.2020

19/12/2019 – 19/11/2022

Improving the services offered to students by Student Learning Hub

Îmbunătățirea facilităților pentru studenți oferite prin Student Learning Hub, ROSE - Romania Secondary Education, Tip proiect: SGU - Schema de Granturi pentru Universitati - Centru de Invatare, Cod proiect: 297/SGU, Nr contract: 297/SGU/CI/I/19.12.2019

01/11/2018 – 18/12/2020

Student Learning Hub (StudHub UBB)

ROSE - Romania Secondary Education (Tip proiect: SGU, Cod proiect: SGU/CI/I, Nr contract: 78/SGU/I/18.12.2017)

2013 – 2016

Enabling and Including Young People with Complex and Intense Support Needs

541981-LLP-1-2013-BE-Leonardo - LMP, 2013-2016

SCHOLARSHIPS

05/2024 – 02/2025

Domus Research fellowship

Programul Operațional Sectorial Dezvoltarea Resurselor Umane 2007 – 2013 Axa prioritară:1„Educația și formarea profesională în sprijinul creșterii economice și dezvoltării societății bazate pe cunoaștere" Domeniul major de intervenție:1.5 „Programe doctorale și postdoctorale în sprijinul cercetării" Titlul proiectului: "Tineri

cercetători de succes – dezvoltare profesională în context interdisciplinar și internațional" Cod Contract: POSDRU/159/1.5/S/132400

2023 – 2024

Young Teacher Fellowship

2014 – 2015

Collegium Talentum

2014 – 2015

Young successful researchers

PROFESSIONAL COURSES

2018

Certified CBT Coach

International Association of Cognitive-Behavioral Coaching

2013

Qualified Psychologist of Work-Organization, Transport and Service

Asociatia Psihologilor din Munca, Transporturi si Servicii si Colegiul Psihologilor din Romania

2015

English Academic Conversation & Writing (e.g. Conference SmallTalks, Moderating a Session, Introducing a Speaker, Fielding Questions)

Trainer: Andrei Zlatescu

2015

Certified Professional Trainer

2014

Certified Project Manager

2011

Certification of Human Resource Manager

2010

Certification in Video Interaction Guidance - Basic level